

Situation Momedy: A First-Time Mom's Guide To Laughing Your Way Through Pregnancy & Year One

Jenna Von Oy



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While preparing to give birth to her first daughter, actress Jenna von Oy, well-known for her roles as Six on Blossom and Stevie on The Parkers, discovered that the market was filled with clinical guides to pregnancy and beyond. Though they had their merits, she craved a best friend's guide . . . one that didn't sugarcoat reality but still offered relatable and heartfelt reassurance. Thus, Situation Momedy: A First-Time Mom's Guide to Laughing Your Way through Pregnancy & Year One was born.

Jenna brings readers a lighthearted and comedic look at pregnancy and the first year of motherhood, highlighting major mommy milestones with chapters like "Houston, We Have a Pregnancy," "This Is Your Brain on Baby," "Bringing Sexy Back," and "All's Fair in Love and Mommy Wars."

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