



An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine

Charles Chace, Miki Shima

[Download now](#)

[Click here](#) if your download doesn't start automatically

An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine

Charles Chace, Miki Shima

An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine

Charles Chace, Miki Shima

Li Shi-Zhen's Exposition on the *Eight Extraordinary Vessels* (*Qi jing ba mai kao*) is among the most remarkable texts in the Chinese medical literature. Bringing together writings on acupuncture, herbal medicine, and internal cultivation (*nei dan*), it argues that aspiring adepts and physicians alike must understand the full scope of the extraordinary vessels if they hope to achieve their respective goals. Although the Exposition is a cornerstone of the extraordinary vessel literature, it is rarely, if ever, considered on its own terms. Li's approach to extraordinary vessel acupuncture and herbal medicine reflects a perspective that differs considerably from the strategies familiar to most modern readers. His work on the extraordinary vessels is every bit as innovative in its own milieu as his other seminal writings, *Pulse Studies of the Lakeside [Recluse]* (*Bin-Hu mai xue*) and *Comprehensive Outline of the Materia Medica* (*Ben cao gang mu*), are in theirs.

This volume is the first translation of the Exposition published in English, and it is among the most comprehensive discussions of the text available in any language. It is divided into five parts. Part I provides an introductory overview of the main themes running throughout the text: theory, acupuncture, herbal medicine, internal alchemy, and pulse diagnosis. Part II contains the Chinese text and translation of the Exposition itself. Part III presents extensive commentaries on the text, and Part IV discusses the influence of Li Shi-Zhen's extraordinary vessel writings on subsequent pre-modern and modern physicians. Part V consists of appendices containing tables of herbs, prescriptions, acupuncture holes, and the people and books mentioned in the Exposition. There is also an extensive bibliography, point/hole and herb/formula index, and general index.

 [Download An Exposition on the Eight Extraordinary Vessels: ...pdf](#)

 [Read Online An Exposition on the Eight Extraordinary Vessels ...pdf](#)

Download and Read Free Online An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine Charles Chace, Miki Shima

From reader reviews:

Cynthia Haynes:

This book untitled An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine to be one of several books in which best seller in this year, that is because when you read this book you can get a lot of benefit onto it. You will easily to buy this particular book in the book retailer or you can order it by way of online. The publisher of the book sells the e-book too. It makes you more easily to read this book, since you can read this book in your Smart phone. So there is no reason for your requirements to past this publication from your list.

Sue Joseph:

Is it you who having spare time in that case spend it whole day by simply watching television programs or just telling lies on the bed? Do you need something new? This An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine can be the solution, oh how comes? A fresh book you know. You are consequently out of date, spending your time by reading in this completely new era is common not a geek activity. So what these guides have than the others?

Francisco Garcia:

As a college student exactly feel bored to help reading. If their teacher inquired them to go to the library or make summary for some publication, they are complained. Just tiny students that has reading's internal or real their passion. They just do what the professor want, like asked to the library. They go to generally there but nothing reading seriously. Any students feel that looking at is not important, boring in addition to can't see colorful pics on there. Yeah, it is being complicated. Book is very important for yourself. As we know that on this age, many ways to get whatever you want. Likewise word says, ways to reach Chinese's country. Therefore , this An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine can make you sense more interested to read.

Darren Reid:

Many people said that they feel bored stiff when they reading a publication. They are directly felt the item when they get a half areas of the book. You can choose the book An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine to make your current reading is interesting. Your own personal skill of reading expertise is developing when you just like reading. Try to choose basic book to make you enjoy to read it and mingle the feeling about book and studying especially. It is to be first opinion for you to like to start a book and study it. Beside that the e-book An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine can to be your brand-new friend when you're really feel alone and confuse with what must you're doing of these time.

**Download and Read Online An Exposition on the Eight
Extraordinary Vessels: Acupuncture, Alchemy, and Herbal
Medicine Charles Chace, Miki Shima #FTNGYARX47E**

Read An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine by Charles Chace, Miki Shima for online ebook

An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine by Charles Chace, Miki Shima Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine by Charles Chace, Miki Shima books to read online.

Online An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine by Charles Chace, Miki Shima ebook PDF download

An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine by Charles Chace, Miki Shima Doc

An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine by Charles Chace, Miki Shima Mobipocket

An Exposition on the Eight Extraordinary Vessels: Acupuncture, Alchemy, and Herbal Medicine by Charles Chace, Miki Shima EPub