



# My Garden, the City and Me: Rooftop Adventures in the Wilds of London

*Helen Babbs*

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Helen Babbs is a self-proclaimed city girl who lives on the second floor of a flat in a chaotic corner of London. An urge to find more green in the city and a stronger connection to the natural world leads her to create her first garden, an organic edible garden on her rooftop. This year-long adventure is the story behind *My Garden, the City and Me*.

The journey begins in the dark of winter, where Babbs finds herself at a seed swap on a February morning, seduced more by packaging than by any true understanding of the plants. As the year progresses, Babbs revels in failures, like waking up bleary eyed and stomping on her seed starts, and triumphs like her summer-ending dinner party made with homegrown produce. Along the way she discovers “that I like gardening in my pajamas and that growing something from seed, watching it develop and then eating its fruits is truly joyful. I’ve daydreamed out there and entertained out there. It’s the force behind new friendships that I’ve forged. The garden has opened my eyes to a whole new side of London and urban living.”

*My Garden, the City and Me* is a lyrical narrative about a twenty-something in search for a bit of wild in her city. The journey is charming, honest, and steeped in the lore of London, a city equally known for its gardens and its grit. In the end Babbs has achieved a new perspective on what it means to live green in the city she loves.

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### **From reader reviews:**

#### **Teresa Powers:**

Spent a free time and energy to be fun activity to try and do! A lot of people spent their spare time with their family, or all their friends. Usually they accomplishing activity like watching television, planning to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your personal free time/ holiday? Might be reading a book could be option to fill your free time/ holiday. The first thing that you'll ask may be what kinds of guide that you should read. If you want to try out look for book, may be the e-book untitled My Garden, the City and Me: Rooftop Adventures in the Wilds of London can be very good book to read. May be it could be best activity to you.

#### **John Day:**

People live in this new day time of lifestyle always try and and must have the extra time or they will get great deal of stress from both daily life and work. So , when we ask do people have time, we will say absolutely sure. People is human not a robot. Then we inquire again, what kind of activity are you experiencing when the spare time coming to an individual of course your answer can unlimited right. Then do you try this one, reading publications. It can be your alternative inside spending your spare time, typically the book you have read is definitely My Garden, the City and Me: Rooftop Adventures in the Wilds of London.

#### **Dennis Carson:**

Playing with family in a park, coming to see the coastal world or hanging out with close friends is thing that usually you have done when you have spare time, then why you don't try point that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love My Garden, the City and Me: Rooftop Adventures in the Wilds of London, you are able to enjoy both. It is very good combination right, you still desire to miss it? What kind of hang-out type is it? Oh can happen its mind hangout fellas. What? Still don't buy it, oh come on its identified as reading friends.

#### **Patricia Humes:**

The book untitled My Garden, the City and Me: Rooftop Adventures in the Wilds of London contain a lot of information on the idea. The writer explains your girlfriend idea with easy technique. The language is very clear to see all the people, so do not necessarily worry, you can easy to read that. The book was published by famous author. The author will bring you in the new age of literary works. You can easily read this book because you can read on your smart phone, or device, so you can read the book with anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site and also order it. Have a nice study.

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