



The Hangover Handbook: and Beer Lover's Bible

Nic van Oudtshoorn

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Have you ever suffered a hangover? Ever groaned and burped and cursed the morning after as Vesuvius erupted in your stomach, a bass drummer thumped on your brain, and a canary fouled its nest in your throat? Then this is the book for you! Not to remind you of those gruesome mornings, but to help you beat them with more than 100 amazing — and often amusing — hangover remedies from battle-scarred drinkers the world over. There's even an exclusive Hangover Ratings Chart so you — and not fate — can decide exactly how much you want to suffer. But that's not all! Like the shelves of a well-stocked bar, The Hangover Handbook has many delightful tipples to tantalise every drinker's palate. There's a unique Drinker's Calendar, which gives you 366 reasons to have a drink — one for every day of the year. Meet the Great Drunks of History. Find out what's on offer at the world's first Hangover Clinic. Win round after round of drinks by challenging your drinking buddies to our stimulating Drinking Quizzes (you can't lose because we supply the answers). It's a heady delight for beer lovers! Encounter the great beers of history. Meet the world's most famous (and oddball) beer lovers. Find out how to best serve your favourite brew — and how you can eat your beer for maximum pleasure! Explore the secrets of beer, sex and civilisation ... and much, much more.

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