



The Autism Mom's Survival Guide (for Dads, too!): Creating a Balanced and Happy Life While Raising a Child with Autism

Susan Senator

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Given the daily challenges of raising a child with autism, it's easy for parents to lose themselves and for their overall quality of life to plummet. Susan Senator interweaves the voices of autism parents, researchers, and professionals to offer guidance and encouragement on how to find happiness and fulfillment in the midst of the struggles of raising an autistic child. Topics include: how to handle feelings of despair and hopelessness; finding fun, even during turbulent times; caring for your marriage; and finding a balance between accepting your child as he or she is and seeking new treatments.

To learn more about the author, visit her website at susansenator.com.

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Jeffrey Richard:

A lot of people always spent all their free time to vacation or even go to the outside with them family or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. If you need to try to find a new activity this is look different you can read a book. It is really fun for you personally. If you enjoy the book that you just read you can spent the entire day to reading a book. The book The Autism Mom's Survival Guide (for Dads, too!): Creating a Balanced and Happy Life While Raising a Child with Autism it is quite good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. If you did not have enough space bringing this book you can buy typically the e-book. You can m0ore simply to read this book from the smart phone. The price is not too costly but this book possesses high quality.

Kim Salgado:

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Colleen Edwards:

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