



Équateur : Les Andes, guide de trekking (French Edition)

John Biggar, Cathy Biggar

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Destiné aux randonneurs et, de manière générale, à tous les amateurs de ces montagnes lointaines, la collection « Les Andes, guide de trekking » reprend les plus beaux itinéraires de trekking des Andes et de Patagonie, ainsi que les voies d'ascension des principaux «sommets de trekking» faciles de la Cordillère. Au total, plus de 35 itinéraires décrits en détail, avec de multiples variantes.

Les milliers d'informations précises contenues dans cette collection aideront tous ceux qui désirent approcher la montagne en Amérique du Sud dans la préparation et l'organisation de leur voyage. Elles permettront également à tous ceux qui souhaitent voyager dans les Andes en dehors des sentiers battus de découvrir des régions reculées dont aucun autre guide ne parle.

Dans ce tome, retrouvez toutes les informations concernant l'Équateur.

À PROPOS DE L'AUTEUR

Instructeur de montagne professionnel, John Biggar grimpe régulièrement dans les Andes depuis une quinzaine d'années. Lorsqu'il n'est pas en Amérique du Sud, il vit à Castle Douglas en Écosse où il dirige ANDES, une agence de voyages spécialisée en trekking, alpinisme et ski dans les Andes.

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