



### Edible Mushrooms: Safe to Pick, Good to Eat

Barbro Forsberg

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Wandering the woods in search of mushrooms is one of life's great pleasures. But be careful to pick the right ones! With *Edible Mushrooms* in your backpack, you'll know to pick only the safest, most delicious chanterelles, truffles, morels, and more. Author Barbro Forsberg presents forty edible species, and reveals how, when, and where to find them—knowledge gained over the course of four decades spent mushrooming in the woods.

Discover such aspects of mushrooming as:

- Characteristics of edible mushrooms, per species
- Cooking, cleaning, and drying the day's bounty
- Edible, inedible, or toxic? Photographs and descriptions for what to pick and what to avoid
- Poisonous varieties and how to recognize them

All content has been verified by a professional mycologist. Plus, nature and educational photographs illustrate how mushrooms grow, the environments where you can expect to find them, and the ways in which the same species may vary from one sample to the next. So whether you're an experienced mushroom hunter or a novice to the art, with *Edible Mushrooms* you can confidently recognize, pick, and eat the tastiest wild mushrooms.



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#### Sheila Seim:

This Edible Mushrooms: Safe to Pick, Good to Eat is great guide for you because the content and that is full of information for you who all always deal with world and get to make decision every minute. This book reveal it info accurately using great organize word or we can claim no rambling sentences within it. So if you are read that hurriedly you can have whole info in it. Doesn't mean it only provides straight forward sentences but hard core information with splendid delivering sentences. Having Edible Mushrooms: Safe to Pick, Good to Eat in your hand like finding the world in your arm, details in it is not ridiculous a single. We can say that no publication that offer you world throughout ten or fifteen minute right but this book already do that. So , this really is good reading book. Hey there Mr. and Mrs. hectic do you still doubt this?

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