



Understanding Your Diabetes - Non-insulin Dependant

Dr P H Wise

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Self-care for the newly diagnosed patient is at the heart of this book. Explanations and guidelines are presented in an easily understandable form. Also included is a wide range of dietary information. Another strength is the new, up-to-date material. Even patients who have been supporting the problem for some years will gain from this latest thinking. For diabetics, it provides a better deal for life. Dr. Wise is a graduate of Melbourne University and a regular guest at international symposia.

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