



Baby Care Basics

Jeremy Friedman, Natasha Saunders, Norman Saunders

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Despite all the planning in the world, nothing can really prepare a soon-to-be new parent for that big step after the baby is born. All that well-intentioned information and counsel offered by family and friends is just not enough and likely confusing when the stressful days arrive.

Written by leading pediatric experts in a friendly, easy-to-understand style, *Baby Care Basics* offers a comprehensive guide to help parents make the right choices for that new baby.

In full color, the book is engaging and user-friendly. It covers all the essential topics from a baby's birth, first few days, growth, development, breast-and formula-feeding, introducing solid food, to sleeping through the night and much, much more.

Having easy and quick access to this comprehensive information is so important in getting started on parenting and establishing a routine that works for all.

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