



# The Divorce Diet

*Ellen Hawley*

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**The Divorce Diet** Ellen Hawley

"Revenge is sweet. Reinventing yourself is even sweeter." --Cathy Lamb

Abigail is sure the only thing standing between her and happiness is the weight she gained along with her beloved new baby. Until she instantly loses 170 pounds of husband.

When Thad declares that "this whole marriage thing" is no longer working, a shell-shocked Abigail takes her infant daughter, Rosie, and moves back to her parents' house. Floundering, she turns to an imaginary guru and best friend, the author of her new weight-loss book. But surviving heartache, finding a job, and staying sane as a suddenly single new mom isn't easy, especially on a diet--sorry, life journey.

Make an inventory of your skills, Abigail's guru instructs. Abigail loves cooking and preparing food--real food, not the fatless, joyless dishes her diet prescribes, or the instant-frozen-artificially flavored fare she finds in her mother's kitchen. So far, following everyone else's rules has led to being broke, lonely, and facing a lifetime of poached eggs, faux mayonnaise, and jobs in chain restaurants. What might happen if Abigail followed her own recipe for a good life instead? . . .

Bitingly funny, wise, and insightful, Ellen Hawley's fresh new novel is an ode to food and self-discovery for any woman who's ever walked away from a relationship--or a diet--to find what true satisfaction is all about.

"Food and love and loss and resilience--and a terrific narrative playfulness--are  
Hawley's recipe for a slyly entertaining and heartening novel." --Daniel Menaker, author of *The Treatment*

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As people who live in the particular modest era should be revise about what going on or info even knowledge to make these keep up with the era and that is always change and advance. Some of you maybe will certainly update themselves by looking at books. It is a good choice to suit your needs but the problems coming to an individual is you don't know what one you should start with. This The Divorce Diet is our recommendation to make you keep up with the world. Why, because this book serves what you want and wish in this era.

#### **Vincent Johnson:**

People live in this new time of lifestyle always attempt to and must have the extra time or they will get lots of stress from both lifestyle and work. So , when we ask do people have spare time, we will say absolutely without a doubt. People is human not a robot. Then we consult again, what kind of activity do you have when the spare time coming to a person of course your answer may unlimited right. Then do you try this one, reading ebooks. It can be your alternative in spending your spare time, the actual book you have read will be The Divorce Diet.

#### **Mary Bradford:**

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