



Explaining Depression

Nicolette Heaton-Harris

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Without doubt, the rising incidence of depression in society, the source of which is manifold and complex, is of growing concern to many people, whether layperson or professional. Explaining Depression by Nicolette Heaton-Harris is a wide-ranging introduction to the nature and origins of depression and also the existing support framework. This is the perfect guide for all those who wish to develop their knowledge of this important area.

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