



# Getting the Love You Want Workbook: The New Couples' Study Guide

*Harville Hendrix PhD, Ph.D. Hunt Helen*

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A companion workbook to the enormously successful *New York Times* bestselling relationship book, *Getting the Love You Want: A Guide for Couples*.

In 1988, Harville Hendrix in partnership with his wife, Helen LaKelly Hunt, published a terrifically successful relationship guide, *Getting the Love You Want*. The book introduced thousands to their Imago Relationship Therapy, a unique healing process for couples, prospective couples, and parents, and developed into an overnight sensation. For their part, Doctors Hendrix and Hunt managed to aid scores of couples in their plight for more loving, supportive, and deeply satisfying relationships. Now, more than a decade later, this companion book picks up where its predecessor left off, delving further into relationship therapy once again, to help transform relationships into lasting sources of love and companionship.

The *Getting the Love You Want Workbook* is designed for the hundreds of thousands of couples who have attended Imago workshops since *Getting the Love You Want* hit bookstands, as well as new and curious ones seeking a practical route back to intimacy and passionate friendship. The workbook contains a unique twelve-week course (The New Couples' Study Guide) designed to help work through the exercises published in Part III of *Getting the Love You Want*. Included are complete step-by-step instructions for transforming relationships into a lasting source of love and companionship.

For those of us struggling to maintain our most precious relationships, the *Getting the Love You Want Workbook* helps us grow aware of our individual, unconscious agenda while steering us towards a more harmonious link with our loved ones that will satisfy our deepest needs.

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