



# All Bets Are Off: Losers, Liars, and Recovery from Gambling Addiction

*Arnie Wexler*

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## All Bets Are Off: Losers, Liars, and Recovery from Gambling Addiction Arnie Wexler

Arnie Wexler's life as a gambler began on the streets of Brooklyn, New York, flipping cards, shooting marbles, and playing pinball machines. At age fourteen he found the racetrack, a bookie, and started playing the stock market. His obsession with gambling accelerated until a fateful day in 1968 when it all came crashing down.

Wexler's gripping narrative leads us through the dungeon of a compulsive gambler's world—chasing the big win and coming up with empty pockets—and how his addiction drove him and his wife, Sheila, to the edge of life. With help, they managed to escape, and together they have devoted themselves to helping others with the problem they know so well.

**Arnie Wexler** is a Certified Compulsive Gambling Counselor and runs a national hotline for compulsive gamblers. He was the executive director of the Council on Compulsive Gambling of New Jersey and the senior vice president of National Council on Problem Gambling. He has appeared on numerous radio and television programs, including *Nightline*, the *Today Show*, *Good Morning America*, *Inside Edition*, *48 Hours*, and *Crossfire*, among others.

**Steve Jacobson** was a sports reporter and columnist for *Newsday* for more than forty years with a great interest in all aspects of sports. He co-authored a number of books with notable sports personalities. He was named by Associated Press among the top sports columnists and twice was nominated by *Newsday* for the Pulitzer Prize.

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