

Deeper Dating: How to Drop the Games of Seduction and Discover the Power of Intimacy

Ken Page



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Deeper Dating: How to Drop the Games of Seduction and Discover the Power of Intimacy Ken Page Lose weight. Act confident. Play hard to get. This approach to dating doesn't lead to love, it leads to insecurity and loneliness. In *Deeper Dating*, psychotherapist Ken Page offers a new path to finding meaningful and lasting relationships. Learn how to attract people who love you for who you really are, become more self-assured and emotionally available, and lose your taste for relationships that diminish your self-esteem. With exercises, practical tools, and inspiring stories, *Deeper Dating* will guide you on a journey to find the love—and personal fulfillment—you long for.

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