

# Vegan Beans from Around the World: 100 Adventurous Recipes for the Most Delicious, Nutritious, and Flavorful Bean Dishes Ever

Kelsey Kinser

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### **BEAN-TASTICALLY VEGAN!**

Hearty, protein-rich and delicious, beans are the perfect base for countless delectable dishes. Bringing them all together in a single volume, *Vegan Beans from Around the World* covers every taste sensation, including:

- Boston Baked Beans
- •Southwestern Chili
- •Mexican Refried Beans
- Cuban Black Beans
- Colombian Red Beans
- •African Curried Black-Eyed Pea & Coconut Soup
- •Greek Lentil Salad
- •Tuscan White Bean Soup
- •Dutch Split Pea Soup
- •South Indian Dal Tadka
- •Korean Mung Bean Salad
- •Japanese Red Bean Ice Cream



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