

# Red Tara Commentary: Instructions for the Concise Practice Known as Red Tara: An Open Door to Bliss and Ultimate Awareness

Chagdud, Chagdud (Aka Jane Tromge) Khadro, Jane Tromge



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Red Tara Commentary: Instructions for the Concise Practice Known as Red Tara: An Open Door to Bliss and Ultimate Awareness Chagdud, Chagdud (Aka Jane Tromge) Khadro, Jane Tromge This commentary, compiled and authorized by His Eminence Chagdud Tulku Rinpoche (1930-2002), provides highly relevant historical background and explanatory teachings. It is intended to serve as a manual to guide the meditator through the varied steps of the Red Tara practice, while explaining the meaning and offering clear, detailed instructions.

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