



# Top Tips for Asperger Students: How to Get the Most Out of University and College

Rosemary Martin

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## Top Tips for Asperger Students: How to Get the Most Out of University and College

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Top Tips for Asperger Students: How to Get the Most Out of University and College Rosemary Martin Leaving home and moving to college or university can be a daunting experience. In this easy-to-use book, Rosemary Martin provides guidelines and invaluable advice for every student on the Autism Spectrum as he or she thinks about, and plans for, entry into student life.

Packed with tried and tested methods for coping and succeeding away from home that cover every aspect of student life, this book focuses on the particular needs of people with AS - from how to get up on time for lectures, to the art of living with other people and attending to the basics of personal hygiene - and encourages everyone to make the most of student life in a style that suits them. Handy hints and tips reassure the reader that going to college is a big deal for every student, regardless of whether or not they are on the autism spectrum.

This friendly and useful book is an absolute must for any student on the spectrum about to begin a university or college degree.



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