



It Tastes Better

Kylie Kwong

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It Tastes Better Kylie Kwong

In *It Tastes Better*, Kylie Kwong has created over 100 recipes inspired by fresh, seasonal, and sustainably produced food, including Salad of Poached Squid with Pickled Cucumber, Dill & Chilli, Red-Braised Lamb Shoulder with Roast Garlic & Tamari Dressing, and an irresistible Pavlova. Embarking on a journey around Australia to meet the people behind the sustainable produce she is so passionate about, Kylie learns about the care they take to produce food that literally tastes better. By sharing her simple, vibrant recipes, Kylie shows that you don't need exotic ingredients to create magical dishes—just fresh, flavorful food that has been produced in the most beneficial way for us and the planet.

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