



# Get It Done: From Procrastination to Creative Genius in 15 Minutes a Day

*Sam Bennett*

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“Organized” and “artist” don't usually go together. Creative types are more often seen as sensitive, melodramatic, eccentric, misunderstood, and the like. To those who have been labeled in this way, Sam Bennett says, “Congratulations! You're an artist.” And through the Organized Artist Company, she has coached hundreds of artists to overcome procrastination, lack of focus, and time-sucking habits so that they can get their art done and out into the world. Bennett explains why “procrastination is genius in disguise” and then prescribes dozens of wonderfully revelatory exercises — such as making a “My Heroes” list and “could-do” lists (because Bennett finds to-do lists too dictatorial) — each of which requires only a fifteen-minute commitment. She gives readers practical, real-world tips, such as how to recognize who they should not talk to about their projects and when research has created Analysis Paralysis. Each of the tools she offers shifts the reader's thinking and prompts the kind of insights that have the power to turn underperforming geniuses into accomplished artists.

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