



Dispeller of Obstacles: The Heart Practice of Padmasambhava

Padmasambhava Guru Rinpoche

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The Dispeller of Obstacles is the heart essence of the accomplished master Padmasambhava who perceives the three times in the entirety. It is the quintessence of one billion heart sadhanas of the Guru, the most unique terma buried in the land of Tibet; and it is the first among the Four Cycles of Guru Sadhana. This Guru's Heart Practice that Dispels all Obstacles contains in completeness all the profound key points of the view, meditation and conduct of the Three Inner Yoga Tantras. It manifested from the secret treasury of the great wisdom, the vast realization of the Second Buddha of Uddiyana, as the self-existing natural vajra sounds in perfect melodious tones.

Its expressions that are unmodified by the intellect of ordinary people, its words that are without delusion, and its meaning that is unmistakable, are exclusively due to the kindness of the three powerful knowledge-holders [Khyentse, Kongtrül, and Chokling], the great beings of the three families, who incarnated as masters to compile and propagate an ocean of secret teachings. It is exclusively through their kindness that this teaching was established in writing as the splendor of unending welfare and happiness for the disciples in the Land of Snow, and propagated to flourish everywhere.

Dilgo Khyentse Rinpoche

Before Padmasambhava left Tibet, he made many predictions and hid many teachings to be revealed in the future and he blessed his close disciples to be inseparable from himself. In this way, they would reincarnate in the future, reveal the hidden teachings and be as powerful as Guru Rinpoche himself, endowed with great miraculous powers, such as the ability to fly through the sky, traverse freely through solid matter and be unimpeded in expounding all the sutras and treatises as well as the meaning of the tantras.

The Dispeller of Obstacles belongs to this class of teachings. This cycle of teachings is based on guru sadhana. Guru Rinpoche practice is extremely important because Guru Rinpoche, the Lotus-born One, is not just a legendary figure from some old story of the past. He is an actual person who continuously carries out spontaneous activities, not only by sending emanations of himself into this world as 'tertöns' so that there is always a fresh unimpaired teaching that people can practice, but, also because Guru Rinpoche's spiritual influence and blessings are unceasing. If we can practice this sadhana, it will be very beneficial.

Tulku Urgyen Rinpoche

Dispeller of Obstacles is the most profound terma of the universal monarchs, Chokgyur Dechen Lingpa and Jamyang Khyentse Wangpo. There are many different sections of this teaching: there is the main part and there

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Paul Jackson:

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