



The Silver Lining: A Supportive and Insightful Guide to Breast Cancer

Hollye Jacobs, Elizabeth Messina

Download now

[Click here](#) if your download doesn't start automatically

The Silver Lining: A Supportive and Insightful Guide to Breast Cancer

Hollye Jacobs, Elizabeth Messina

The Silver Lining: A Supportive and Insightful Guide to Breast Cancer Hollye Jacobs, Elizabeth Messina

A NEW YORK TIMES BESTSELLER

As a healthy, happy thirty-nine-year-old mother with no family history of breast cancer, being diagnosed with the disease rocked Hollye Jacobs's world. Having worked as a nurse, social worker, and child development specialist for fifteen years, she suddenly found herself in the position of moving into the hospital bed. She was trained as a clinician to heal. In her role as patient, the healing process became personal.

Exquisitely illustrated with full-color photographs by Hollye's close friend, award-winning photographer Elizabeth Messina, *The Silver Lining* is both Hollye's memoir and a practical, supportive resource for anyone whose life has been touched by breast cancer.

In the first section of each chapter, she describes with humor and wisdom her personal experience and gives details about her diagnosis, treatment, side effects, and recovery.

The second section of each chapter is told from Hollye's point of view as a medical expert. In addition to providing a glossary of important terms and resources, she addresses the physical and emotional aspects of treatment, highlights what patients can expect, and provides action steps, including:

- What to do when facing a diagnosis
- How to find the best and most supportive medical team
- What questions to ask
- What to expect at medical tests
- How to talk with and support children
- How to relieve or avoid side effects
- How to be a supportive friend or family member
- How to find Silver Linings

Looking for and finding Silver Linings buoyed Hollye from the time of her diagnosis throughout her double mastectomy, chemotherapy, radiation, and recovery. They gave her the balance and perspective to get her through the worst days, and they compose the soul of the book.

The Silver Lining of Hollye's illness is that she can now use the knowledge gleaned from her experience to try to make it better for those who have to follow her down this difficult path. This is why she is sharing her story. Hollye is the experienced girlfriend who wants to help shed some light in the darkness, provide guidance through the confusion, and hold your hand every step of the way.

At once comforting and instructive, realistic and inspiring, *The Silver Lining* is a visually beautiful, poignant must-read for everyone who has been touched by cancer.

 [Download The Silver Lining: A Supportive and Insightful Gui ...pdf](#)

 [Read Online The Silver Lining: A Supportive and Insightful G ...pdf](#)

Download and Read Free Online The Silver Lining: A Supportive and Insightful Guide to Breast Cancer Hollye Jacobs, Elizabeth Messina

From reader reviews:

Douglas Leverette:

The book *The Silver Lining: A Supportive and Insightful Guide to Breast Cancer* can give more knowledge and information about everything you want. So just why must we leave the best thing like a book *The Silver Lining: A Supportive and Insightful Guide to Breast Cancer*? A number of you have a different opinion about reserve. But one aim that will book can give many info for us. It is absolutely appropriate. Right now, try to closer with your book. Knowledge or details that you take for that, it is possible to give for each other; you could share all of these. Book *The Silver Lining: A Supportive and Insightful Guide to Breast Cancer* has simple shape however you know: it has great and big function for you. You can appear the enormous world by open up and read a reserve. So it is very wonderful.

James Goldman:

The publication with title *The Silver Lining: A Supportive and Insightful Guide to Breast Cancer* includes a lot of information that you can find out it. You can get a lot of gain after read this book. This kind of book exist new information the information that exist in this e-book represented the condition of the world right now. That is important to yo7u to know how the improvement of the world. This book will bring you inside new era of the syndication. You can read the e-book on your own smart phone, so you can read that anywhere you want.

Marilyn Chambers:

This *The Silver Lining: A Supportive and Insightful Guide to Breast Cancer* is new way for you who has intense curiosity to look for some information mainly because it relief your hunger associated with. Getting deeper you into it getting knowledge more you know or perhaps you who still having tiny amount of digest in reading this *The Silver Lining: A Supportive and Insightful Guide to Breast Cancer* can be the light food for you because the information inside this specific book is easy to get by anyone. These books build itself in the form and that is reachable by anyone, sure I mean in the e-book application form. People who think that in guide form make them feel sleepy even dizzy this book is the answer. So you cannot find any in reading a reserve especially this one. You can find what you are looking for. It should be here for you. So , don't miss the item! Just read this e-book sort for your better life and knowledge.

Jose Crawford:

What is your hobby? Have you heard that will question when you got learners? We believe that that issue was given by teacher to their students. Many kinds of hobby, All people has different hobby. And you also know that little person including reading or as examining become their hobby. You need to understand that reading is very important and book as to be the thing. Book is important thing to incorporate you knowledge, except your current teacher or lecturer. You discover good news or update about something by book. Amount types of books that can you choose to adopt be your object. One of them is this *The Silver Lining: A*

Supportive and Insightful Guide to Breast Cancer.

**Download and Read Online The Silver Lining: A Supportive and
Insightful Guide to Breast Cancer Hollye Jacobs, Elizabeth Messina
#RLX2IA08Q59**

Read The Silver Lining: A Supportive and Insightful Guide to Breast Cancer by Hollye Jacobs, Elizabeth Messina for online ebook

The Silver Lining: A Supportive and Insightful Guide to Breast Cancer by Hollye Jacobs, Elizabeth Messina Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Silver Lining: A Supportive and Insightful Guide to Breast Cancer by Hollye Jacobs, Elizabeth Messina books to read online.

Online The Silver Lining: A Supportive and Insightful Guide to Breast Cancer by Hollye Jacobs, Elizabeth Messina ebook PDF download

The Silver Lining: A Supportive and Insightful Guide to Breast Cancer by Hollye Jacobs, Elizabeth Messina Doc

The Silver Lining: A Supportive and Insightful Guide to Breast Cancer by Hollye Jacobs, Elizabeth Messina Mobipocket

The Silver Lining: A Supportive and Insightful Guide to Breast Cancer by Hollye Jacobs, Elizabeth Messina EPub