



Living On The Seabed: A memoir of love, life and survival

Lindsay Nicholson

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'The morning after John's death, I remember feeling absolutely enraged that the world had kept turning and the sun had come up as if nothing had happened.'

Lindsay Nicholson and her husband, the *Observer* journalist John Merritt, were regarded as a golden couple. But their world was turned upside down when John contracted leukaemia. His death at the age of 35 left Nicholson bereft with grief, now the single parent of two beautiful daughters. Then, in a tragic twist of fate, her elder daughter Ellie also contracted the same disease, dying shortly after. Nicholson found that nothing could prepare her for the emotions she was feeling.

In this courageous and heart-rending memoir, Lindsay Nicholson reflects on her grieving process and the battle she faced to survive it. Her resilience and spirited determination are an inspiration to us all.



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